



Namaste! Welcome to Sherpa's! All food is true to authentic recipes and, in most cases, made to order...including fresh breads, sauces, and desserts. Sherpa's features an authentic, heart-healthy, low-fat, charcoal fired, Tandoor clay oven. In addition to our great food, feel free to take advantage of our Traveler's Library & Lounge, peruse the displayed Sherpa history and pictures, explore our expedition, trekking & volunteer trip booking opportunities. Thanks for coming in and we hope to see you often.

APPETIZERS

- Papadums** Crisp, spiced wafer served w/ homemade dipping sauce – 1st order on us – additional orders \$2.75
- Sherpa Roll** Lightly-fried vegetable & panir (our homemade mild, white cheese) filled spring rolls \$3.25
- Vegetable Samosa** Two delicate, fresh made pastries filled with potatoes, peas & Indian spices \$4
- Momo Appetizer** Handmade, steamed Tibetan dumplings stuffed with your choice of fillings & Himalayan spices Vegetable \$5.50
Served with homemade chutney for dipping (also available fried) Chicken \$5.50 Beef \$5.50
- Onion Pakora** Traditional Indian snack of fresh onion mixed with spiced chickpea flour, lightly-fried \$4.50
- Saag Dip** Delicious Indian creamed spinach spiced with fresh garlic, cumin & ginger with nann for dipping \$5.75
- Panir Pokara** Homemade mild, white cheese, coated in spiced chickpea flour, lightly-fried \$4
- Appetizer Platter** Sample plate of vegetable momos (steamed or fried), Samosa, Panir & Vegetable Pakora \$7.50

- SOUPS** Dall (Nepali lentil soup), tomato, egg drop & chicken soup, all made here. By the cup..... your choice \$3.25

NANN (Breads)

All of our breads are handmade and baked fresh to order in the Tandoor. Enjoy as an appetizer or with your entree.

- Naan** Famous Indian breads, Tandoor baked & brushed with fresh gee (butter) or your choice of toppings Plain \$1.75
Garlic \$2.25
Cheese, or Onion \$2.75

- Stuffed Nann** Fresh nann filled with spices & your choice of fillings, baked in the Tandoor Seasoned Onions \$2.75
Seasoned Onions & Cheese \$3.25
Garlic & Cheese \$3.25
Garlic, Onion & Cheese \$3.75

- Chapati** Whole Wheat Flat bread baked in the Tandoor \$1.75

- Aloo Paratha** Whole Wheat Flat bread stuffed with mildly seasoned potatoes baked in the Tandoor \$3.75

- Puri** Whole Wheat bread deep-fried until puffed & golden brown \$1.75

DAILY LUNCH SPECIAL

Created by our chefs daily. Ask your waitperson for today's selection..... \$7.75

- Student Special** Show a valid student ID for a discount on our Daily Lunch Special \$6.75

NEPALI AND INDIAN ENTREES

All of our entrees are prepared to order. If you prefer mild, medium, or hot please inform your waitperson.

All entrees are accompanied with basmati rice, traditional Nepali dall, yogurt sauce & homemade tomato chutney.

- Dall Baht** Traditional Nepali meal. A healthy platter of lentil soup & basmati rice \$6.25

- Curry** Our traditional sauce of freshly ground spices and tomatoes prepared with your..... vegetable \$7.20, Chicken \$8.25
Choice of vegetable, meat, or seafood Lamb \$10 Salmon \$10.50 or Shrimp \$10.50

Korma Your choice of vegetables or boneless meat in a fresh made, light cream cashew sauce, very mild Vegetable \$7.25
Chicken \$9 Lamb \$10

Jal Fregi Fresh vegetables alone or with your choice of boneless meats or shrimp Vegetable \$7.25, Chicken \$9
seasoned with cumin & lemon then sautéed in a mild onion, tomato cream sauce Lamb \$10 Shrimp \$10.50

Saag Delicious platter of creamed spinach spiced with fresh garlic, cumin & ginger..... Plain \$7.25 Aloo \$7.50 Tofu \$8.20, Panir \$8.20
Plain or with your choice of aloo (seasoned potato), tofu, panir, meat or shrimp Chicken \$8.50 Lamb \$9.50 Shrimp \$10.50

Vindaloo Your choice of meats or fish cooked in a spicy tomato based sauce with a touch of lemon Chicken \$8.50 Lamb \$9.50
Salmon \$10.50 Shrimp \$10.50

Aloo Gobi Potatoes and cauliflower in a mildly seasoned sauce \$7.75

Tofu Aloo Tofu, potatoes & peas in a flavorful tomato onion sauce \$8.20

TIBETAN ENTREES

Thupka Large bowl of noodles & fresh vegetables in a flavorful broth Vegetable \$7.75 Chicken \$8.50
Alone or with tender chicken or lamb. Served with nann Lamb \$10.50 Yak \$10.50

Tibetan Noodles Large bowl of noodles, fresh vegetables alone or with your choice of tender Vegetable \$7.75 Chicken \$8.50
boneless meats sautéed in our fragrant spices. Lamb \$9.50 Yak \$9.50 Shrimp \$10.50

Sherpa Stew Large bowl of vegetables, potatoes, homemade dumplings, spices & broth Vegetable \$7.75 Chicken \$8.50
Alone or with tender chicken, or Lamb. Served with nann Lamb \$10.50 Yak \$10.50

AMERICAN & KIDS ENTREES

Tandori Chicken Sandwich Boneless chicken breast roasted tandoori style served with French fries \$7.75

Chicken Fingers Tender pieces of chicken breaded and fried served with French fries \$6.25

DESSERTS

Kulfi Indian style Ice made right here: Mango \$3.25

Kir Indian sweet rice pudding with raisins & nuts made in our kitchen \$3.25

Ice Cream Good old Vanilla \$3.25

BEVERAGES

Chai Our homemade, authentic sweet milk tea made with herbs & fresh ground spices \$2

Coffee Local roaster Silver Canyon's regular and decaf selection \$1.50

Hot Tea Choose from our selection of packaged teas \$1.50

Lashi Delicious, healthy Sherpa smoothie of fruit and yogurt \$3.25
Choice of Mango, Banana, Strawberry, or Cinnamon

Soft Drinks Coke, Diet Coke, Sprite, Lemonade, Iced Tea \$1.50

Juice Orange or cranberry \$2

Milk \$2

Bottled Water Pelligrino (sparkling) \$2.25

Please join us for dinner when additional entrees and special are available nightly

SHERPA'S ADVENTURERS RESTAURANT & BAR

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