



Namaste! Welcome to Sherpa's! All food is true to authentic recipes and, in most cases, made to order...including fresh breads, sauces, and desserts. Sherpa's features an authentic, heart-healthy, low-fat, charcoal fired, Tandoor clay oven. In addition to our great food, feel free to take advantage of our Traveler's Library & Lounge, peruse the displayed Sherpa history and pictures, explore our expedition, trekking & volunteer trip booking opportunities. Thanks for coming in and we hope to see you often.

APPETIZERS

- Papađums** Crisp, spiced wafer served w/ homemade dipping sauce – 1st order on us – additional orders..... \$2.75
- Sherpa Roll** Lightly-fried vegetable & panir (our homemade mild, white cheese) filled spring rolls\$4.15
- Vegetable Samosa** Two delicate, fresh made pastries filled with potatoes, peas & Indian spices \$4.20
- Momo Appetizer** Handmade, steamed Tibetan dumplings stuffed with your choice of fillings & Himalayan Vegetable \$6.20
spices served with homemade chutney for dipping (also available fried) Chicken \$6.20, Beef \$6.20
- Onion Pakora** Traditional Indian snack of fresh onion mixed with spiced chickpea flour, lightly-fried \$4.75
- Saag Dip** Delicious Indian creamed spinach spiced with fresh garlic, cumin & ginger with nann for dipping\$6.20
- Panir Pokara** Homemade mild, white cheese, coated in spiced chickpea flour, lightly fried \$4.20
- Appetizer Platter** Sample plate of vegetable momos (steamed or fried), Samosa, Panir & Vegetable Pakora\$7.75
- SOUPS** Dall (Nepali lentil soup), tomato, egg drop & chicken soup, all made here. By the cup.....your choice \$4.20

NANN (Breads)

All of our breads are handmade and baked fresh to order in the Tandoor. Enjoy as an appetizer or with your entree.

- Naan** Famous Indian breads, Tandoor baked & brushed with fresh gee (butter) or your choice of toppings Plain \$2.25, Garlic \$2.75
Cheese, or Onion \$2.75
- Stuffed Nann** Fresh nann filled with spices & your choice of fillings, baked in the Tandoor..... Seasoned Onions \$2.75
Seasoned Onions & Cheese \$3.25
Garlic & Cheese \$3.25, Garlic, Onion & Cheese \$3.75
- Chapati** Whole Wheat Flat bread baked in the Tandoor..... \$2.25
- Aloo Paratha** Whole Wheat Flat bread stuffed with mildly seasoned potatoes baked in the Tandoor\$4.20
- Puri** Whole Wheat bread deep-fried until puffed & golden brown \$2.25

NEPALI AND INDIAN ENTREES

All of our entrees are prepared to order. If you prefer mild, medium, or hot please inform your waitperson.

All entrees are accompanied with basmati rice, traditional Nepali dall, yogurt sauce & homemade tomato chutney.

- Dall Baht** Traditional Nepali meal. A healthy platter of lentil soup & basmati rice \$9.25
Chicken \$12.20, Lamb \$13.20
- Curry** Our traditional sauce of freshly ground spices and tomatoes prepared with your..... Vegetable \$11 Chicken \$12.20
Choice of vegetable, meat, or seafood Tofu \$12.20, Lamb \$13.20 Salmon \$14.50 or Shrimp \$14.50
- Tandori** Tender, dry rubbed meats marinated in yogurt & fresh spices Tandoor roasted to order..... Bone-in Chicken \$12.20
Served on a sizzling platter accompanied with by fresh onions & peppers Chicken Kabob \$12.20, Lamb Kabob \$14.20
- Korma** Your choice of vegetables or boneless meat in a fresh made, light cream cashew sauce, very mild Vegetable \$11
Chicken \$12.20, Lamb \$13.20
- Jal Fregi** Fresh vegetables alone or with your choice of boneless meats or shrimp Vegetable \$11.20 Chicken \$12.20
Seasoned with cumin & lemon then sautéed in a mild onion, tomato cream sauce.... Tofu \$12.20 Lamb \$13.20, Shrimp \$14.50

Tikka Masala	Marinated meats roasted in the Tandoor finished in a mild tomato, yogurt sauce	Chicken \$12.20, Lamb \$13.20
Saag	Delicious platter of creamed spinach spiced with fresh garlic, cumin & ginger..... Plain \$9.50, Aloo \$10.50, Tofu \$12, Panir \$12.20 Plain or with your choice of aloo (seasoned potato), tofu, panir, meat or shrimp....	Chicken \$12.20, Lamb \$13.20, Shrimp \$14.50
Vindaloo	Your choice of meats or fish cooked in a spicy tomato based sauce with a touch of lemon	Chicken \$12.20, Lamb \$13.20 Salmon \$14.50, or Shrimp \$14.50
Chili	Spicy, dry rubbed meat or shrimp sautéed with cumin, fresh garlic, ginger, tomatoes. And hot & bell peppers	Chicken \$12.20, Lamb \$13.20, Shrimp \$14.50
Aloo Gobi	Potatoes and cauliflower in a mildly seasoned sauce	\$11
Biryani	Your choice of vegetables, meats, or seafood mixed with Himalayan spices	Vegetable \$10.75, Chicken \$12.20 Lamb \$13.20 Shrimp \$14.50
Tofu Aloo	Tofu, potatoes & peas in a flavorful tomato onion sauce	\$10.75
Makhini	Tandori chicken cooked in a flavorful, mild tomato, onion cream sauce.....	Chicken \$12.20
Sherpa Sampler	Vegetarian platter of saag, vegetables, chutney, nann & kir.....	\$14.20
Khumbu Sampler	Delicious, generous combination of chicken curry, lamb curry, vegetable, naan & kir.....	\$20.75

TIBETAN ENTREES

Momo Platter	Platter of our handmade Tibetan dumplings either steamed or fried served with	Vegetable \$11.75 Chicken \$11.75 dall & homemade chutney for dipping Beef \$11.75 Mix of 2 \$11.75
Thupka	Large bowl of noodles & fresh vegetables in a flavorful broth..... Alone or with tender chicken or lamb. Served with nann	Vegetable \$12.20 Chicken \$13.20 Lamb \$14.50, Yak \$14.50
Tibetan Noodles	Large plate of noodles, fresh vegetables alone or with your choice of tender	Vegetable \$11.75, Chicken \$13.20 Lamb \$14.20, Yak \$14.20, Shrimp \$15.20
Sherpa Stew	Large bowl of vegetables, potatoes, homemade dumplings, spices & broth	Vegetable \$12.20, Chicken \$14.20 Alone or with tender chicken, or Lamb. Served with nann. Tofu \$14.20, Lamb \$14.50, Yak \$14.50

AMERICAN & KIDS ENTREES

Tandori Chicken Sandwich	Boneless chicken breast roasted tandoori style served with French fries	\$8
Chicken Fingers	Tender pieces of chicken breaded and fried served with French fries	\$6

DESSERTS

Kulfi	Indian style Ice made right here: Mango,	\$3.50
Kir	Indian sweet rice pudding with raisins & nuts made in our kitchen	\$3.50
Ice cream	good old vanilla.....	\$3.50

BEVERAGES

Chai	Our homemade, authentic sweet milk tea made with herbs & fresh ground spices	\$2
Coffee	Local roaster Silver Canyon's regular and decaf selection	\$1.50
Hot Tea	Choose from our selection of packaged teas	\$1.50
Lashi	Delicious, healthy Sherpa smoothie of fruit and yogurt &	\$3.25
	Choice of Mango, Strawberry, or Cinnamon	
Soft Drinks	Coke, Diet Coke, Sprite, Lemonade, Iced Tea.....	\$1.50
Juice	Orange or cranberry	\$2
Milk	\$2
Bottled Water	Pelligrino (sparkling).....	\$2.25

SHERPA'S ADVENTURERS RESTAURANT & BAR
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