



1 p.m.

⑤ Namaste, and Pass the Naan

Eating at a restaurant run by a world-class mountaineer may conjure up images of spartan food served in freeze-dried pouches. That is hardly the case at Sherpa's Adventurers Restaurant and Bar (825 Walnut Street, 303-440-7151), whose owner, Pemba Sherpa, grew up in the shadow of Mount Everest and has been a professional mountain guide in Nepal since 1986. Topographic maps of the Himalayas and rainbows of prayer flags festoon the walls. The menu mixes Indian, Tibetan and Nepali foods. Start with beef momos (\$4), a Tibetan dumpling, and saag, an Indian creamed spinach with garlic, cumin and chick pea flour that is eaten with naan, a bread baked in a tandoor oven (\$5). Vegetarians gravitate toward the Sherpa sampler (\$13) of saag, vegetables, chutney, naan and kir, a sweet rice pudding with raisins and nuts. Lunch 11 a.m. to 3 p.m. daily.